

LIBRARY NEWSLETTER

ISSUE 7

WORDS: MRS B

DESIGN: MISS M



THEME OF Pride THE WEEK

Dear Students,

Around the world, during the month of June, LGBTQ communities celebrate Pride. Whilst Pride can mean something different to each of us depending on our own unique circumstances, we can all celebrate the myriad of ways we are alike and find joy in the ways that each of us is unique.

This newsletter therefore is themed around identity and self-expression.

WHAT IS IDENTITY?

Your sense of **identity** has to do with who you think you are and how you **perceive** yourself. It's about how you define yourself. **Self-esteem** is how you **value** yourself. It has to do with your sense of self-worth and is often based on comparisons with others. **Self-expression** then is how you **show** the world your identity. Some parts of our identity change over time, while other parts are fixed and immutable. Take a moment to reflect on what you truly know about yourself - will this change or will it always be true?

SELF-ESTEEM TIPS

It is common to suffer from low self-esteem at some point in your life. It's so important that we recently dedicated a whole newsletter to exploring ways you can build your self-esteem! In case you missed that newsletter, Young Minds have some ideas at <https://bit.ly/3dJ2pd9>.

YOUNGMINDS

CELEBRATING PRIDE

Whilst Pride marches in cities around the world may have been cancelled, organisations working towards equality are working as hard as ever! **Young Stonewall** is the youth branch of the international campaigning group 'Stonewall'. They know that some LGBT people are hit harder by the COVID 19 pandemic and have responded with a newsheet and survey, which can be found at www.youngstonewall.org.uk/about-us/news/four-young-lgbt-activists-you-should-know-about.

PRIDE IN COMMUNITIES

Many of us take pride in our communities. Recently in America and the UK, people have been protesting against the murder of George Floyd and supporting the Black Lives Matter movement by protesting, blacking out social media and donating money. As young people in the UK, what can we do to educate ourselves about other communities? As Librarians we believe that reading is a good place to start.

RECOMMENDED READS

If you would like to read one of these books and can't get hold of it at the moment, make sure you make a note to yourself to ask your school Librarian when the Library is open again. The below lists are full of great reads that feature BAME or LGBTQ characters. We promise they're worth waiting for!

Anti-Racist Books: <https://bit.ly/30jAOeL>

LGBT+ Books: <https://bit.ly/3eZaWJ6>

CRAFT CHALLENGE

The rainbow flag has been a symbol of support and pride in the LGBT+ community since 1978! This week, we're challenging you to design your own rainbow for Pride Month! If you're stuck for inspiration, why not try your hand at crocheting - free patterns can be downloaded from [kerryjaynedesigns!](http://kerryjaynedesigns.com) We'd love to see what you make, so share with us on Twitter for a chance to win house points & a bookish prize!



PRIDE THROUGH POETRY

This week's poem is "Wild Geese" by Mary Oliver. We all have our difficulties and troubles, but despite all that – or maybe because of it – we are all interconnected.

You do not have to be good.

You do not have to walk on your knees
for a hundred miles through the desert repenting.
You only have to let the soft animal of your body
love what it loves.

Tell me about despair, yours, and I will tell you
mine.

Meanwhile the world goes on.
Meanwhile the sun and clear pebbles of the rain
are moving across the landscapes,

over the prairies and the deep trees,
the mountains and the rivers.
Meanwhile the wild geese, high in the clean
blue air,
are heading hme again.

Whoever you are, no matter how lonely,
the world offers itself to your imagination,
calls to you like wild geese, harsh and exciting -
over and over announcing your place
in the family of things.

LIBRARIAN'S CORNER

What are you proud of?

Mrs P is proud of always trying new things, even if she finds them challenging or scary!

Mrs B is proud of lifting 110kg! She worked so hard to get there and being strong makes her feel proud.

Miss M is proud of learning new skills during the lockdown, particularly mastering new cooking recipes!